

Coaching Institute Activities

PREWORK for Day 1 – for those that took the Poverty Immersion Institute month/years ago

Review your Poverty Institute Guide (can be found in materials folder) to refresh your memory of the poverty competencies including the types of poverty, facts and myths, research-based strategies, and oral and print communication and relationship building skills.

Poverty Institute Review – all can work on this as you have the time

Write a Reflection Paper which will be used throughout the two days of training during the Coaching Institute. Be sure to cover these areas:

- 1) Write about the top three ways people learn about poverty and reflect on how those get in the way of breaking barriers.
- 2) Describe five types of poverty and why one solution will not work for all.
- 3) Reflect on the dominant communication and learning styles of people in poverty, as well as the dominant style of helping professionals. Write about what you have done since the Beegle Poverty Immersion Institute to help bridge this communication gap.
- 4) Think about what happened as you got back into the flow of your work after the Beegle Poverty Immersion Institute. Reflect on what you saw in your organization. Based upon what you learned, where do you see people from poverty struggling the most?
 - a) Example: one educator said when he got back to his college, he started noticing all the negative and unwelcoming messages in the hallways, classrooms, and even in the books. He said he was looking through the GED books in the room outside his office and noticed a sticker in the book saying to “not take this book” from the office.
- 5) Describe a scenario where a person fell through the cracks and use poverty competencies to rewrite so poverty barriers are removed.
- 6) Describe two actions you have taken since the Beegle Poverty Immersion Institute.

Activity Preparation: Reflect upon and write a short paragraph on the following questions for the first breakout of Day 1.

- What has prepared you to be a poverty coach?
- How have your lived experiences prepared you to be a coach?
- What skills do you bring?

Activity Preparation – Your Own Story: Three Generations Back – Think back three generations in your family. Reflect upon and write a short paragraph on the following questions for the second breakout of Day 1.

- What did your family do for a living?
- Were they owners of the land or workers of the land?
- What was the role of education?

Presentation Preparation – During Lunch – Day 1

Discuss scenario (#5 from prework), your true-life scenarios—something you have witnessed first hand—of a person falling through the cracks. As a team, pick one to use as basis for your presentation. Use dialectical thinking to reframe the situation. Design presentation to show how to apply poverty-informed practices to your scenario. Teach others from your organization/community how to make sure their Neighbors succeed and do not fall between the cracks.

Using the following criteria, develop a presentation that assists your target audience to understand and apply the information and strategies in their work. Be creative and engaging. Determine what method you will use to convey your messages (role play, power point, video, music etc.).

Criteria

- Identify target audience—Use examples they can relate to and be direct in answering what is in it for them.
- Establish Credibility—Why should they listen to you?
- Determine learning objectives—What do you want the audience to take away?
- Use facts to support your claims
- Create audience engagement
- Leave audience with a challenge—What can they do next?

HOMEWORK For Day 2

Blueprints for Change: Action Planning Process

1. Read Chapter 3 of *See Poverty* which contains an example of the Action Planning Process (especially pages 150-181).
2. Read the Learning Guide *Blueprints for Change: Creating Solutions from Within*.
 - a) Do the activities/fill in the information on pages 5, 8, and 10 of the learning guide—do this while thinking about your organization and/or your individual work.
 - b) Where you find emerging issues, determine what actions you are going to want to take...that is the activity for page 10. Think upon these items as they will become part of your action plan for taking back to your organization.
3. Create a draft survey. What questions would you ask to capture what's working well for the students from the different types of poverty backgrounds and to determine the areas for growth—those areas where students are falling through the cracks.
4. Be prepared to share draft survey tool with peers during day 2 of the Coaching Institute.

Develop An Action Plan For The First Presentation To Your Organization

- Be prepared to describe each aspect of the criteria you will use in your first presentation.
- Discuss obstacles you may face and what actions you plan to take to overcome these.

View the materials in your curriculum kit: **Action Approach**. Select a session (link below) and read the associated section in the **Action Approach** Guidebook. Be prepared to share how you could use the video and activities for a meeting or training at your organization.

- www.combarriers.com/coaches – click on the link to the **Action Approach** page

Optional Activities to Take the Learning Deeper

- Read Dr. Beegle's books—*See Poverty...Be the Difference*, *Action Approach to Educating Students*, and *If Not Me, Then Who?*—to continue gaining poverty competencies, and communication and relationship building skills.
- Listen to videos and podcasts of Dr. Beegle:
 - Umpqua Podcast: Breaking the Cycle with Dr. Donna Beegle: <https://www.podplay.com/podcasts/open-account-with-suchin-pak-82910/episodes/breaking-the-cycle-dr-donna-beegle-7633985>
 - PBS Arkansas Interview with Dr. Beegle: <https://watch.myarkansaspbs.org/video/barnes-and-conversation-dr-donna-beegle/>
- Participate (or bring to your campus) one of the following training institutes:
 - Poverty, Race, and Consciousness with Dr. Beegle and Dr. Abdullah
 - If Not Me, Then Who?
- Attend the Beegle Speaker's Learner's Group and become a certified Beegle Speaker.
- Sign up for Newsletter.
 - Communication Across Barriers (CAB) website: www.combarriers.com
- Follow Dr. Beegle on Social Media:
 - Dr Beegle's Facebook: <https://www.facebook.com/donna.m.beegle/>
 - Donna's Twitter: <https://twitter.com/donnabeegle>
 - Linked in: <https://www.linkedin.com/in/donnambeegle/>
 - Instagram: <https://www.instagram.com/donnambeegle/>